

This is my story.

Anna Przybysławska.



In a L'Arche community **people with and without learning disabilities live together.**

We live together **like a family.**



I live in a **flat with 2 other women.**



We are learning **new skills.**

This helps us to be **more independent.**

Members of the L'Arche Wrocław community do many activities.



Some people go to **day activities**.

Some people **work**.

Some people are **volunteers**.



Having a **job** is important for people with disabilities.

It makes us feel **confident and independent**.



People with a disability living in Poland are living a better life than they did when I was a child.



We can **work together and learn** from each other.

This will help to **create a more understanding society**.



Thank you for reading this article.